



羅城西區華人基督教會

Rochester Chinese Christian Church West

主日崇拜 Sunday Worship

二零一六年二月七日 February 7, 2016

宣召 Call to Worship 诗篇 Psalms 95:6-7

讚美 Praise #81 祂是主 He Is Lord

禱告 Prayer

詩歌 Praise #277 坚固磐石 My Hope Is Built On Nothing Less
#263 若非耶和华 Unless the Lord

牧禱 Pastoral Prayer

讀經 Scripture Reading 传道书 Ecclesiastes 3:16-4:6

講道 Message 面对捕风的策略

The Strategy against Striving after Wind

一、职场中的奸恶，欺压，与嫉妒

Wickedness, Oppression, and Envy in the Workplace

二、《满一把》的策略 The Strategy of A Handful

詩歌 Response #300 我永不要忘记你 I Will Not Forget Thee

圣餐 Holy Communion

祝福 Benediction

歡迎與報告 Welcome and Announcements

报告及代禱事項 Announcements and Prayer Requests

- We thank the Lord for our first morning worship today 9.30 – 10.30 am. As tomorrow is also Chinese New Year, we have special thanksgiving dinner later, thanks to brothers and sisters who provided and made the dumplings for us.
我们为今天早上 9:30-10:30 的第一个上午崇拜感谢上帝。因为明天是农历新年，我们等下有特别的感恩晚餐，感谢为我们预备与包饺子的弟兄姐妹。
- This past Wednesday, February 3, 2016, by God's grace, this facility on 70 Thompson Road came under the stewardship of RCCC-W as the purchase was closed smoothly. That same evening, 16 brothers and sisters gathered here for a hearty prayer of thanks to our Lord for his timely provision.
刚过去的周三，2016年2月3日，靠神的恩典，本堂址顺利过户，这个 70 Thompson Road 已经由我们保管。当天晚上，16 个弟兄姐妹聚集在此为神合时宜的供应感谢祷告。
- Our Church Treasurer has prepared 2015 Offering Receipt for those whose offerings could be identified. If you have not received it, or if there is any discrepancy, please let us know.
教会财政已把 2015 年收据为那些可以鉴定的奉献准备好。如果你没有收到，或者有任何出入，请让我们知道。
- Please note that there is no Evergreen Fellowship this Saturday. Instead, it will be held on Saturday, Feb. 20, as part of the RCCC Annual Chinese New Year Celebration together with other activities, such as badminton, table tennis, arts, and dumpling-making.
请注意本周六的松柏团契已改为在二月 20 日周六作为教会的春节庆典的一部分，与其他活动一同举办，如羽毛球，乒乓球，文艺活动，与包饺子。
- Our next Baptismal Service will be held on Easter Sunday, March 27. If you have accepted Jesus as Lord and Savior, and want to follow His command to be baptized, please see Pastors Ho or Herring.
我们下一次的受洗仪式会在三月 27 日的复活节举行。如果你已经接受耶稣为你生命的主和救主，并且想跟随主的教导而受洗，请联系何牧师或韩牧师。
- Prayer items:** (1) The recovery of Zhang Zhigang in Shanghai. 张志刚的恢复 (2) The future direction of Liangyou fellowship. 良友团契未来的方向 (3) Graduating seniors. 毕业生

上周人数及奉献 Last Week's Attendance and Offering

	崇拜 Worship	主日学 Sunday School	英文班 ESL	良友团契 Liangyou
成人 Adults	48	12	8	13
儿童+老师 Children + Teachers	26	25		
上周奉献 Last Week's offering	\$2501			

本周金句 Weekly Bible Verse

『然而，敬虔加上知足的心便是大利了，』 (提摩太前书 6:6)

“But godliness with contentment is great gain,” (1 Timothy 6:6)

本主日 Today

下主日 Next Sunday

领会 Presider 潘汉光 David Pan
 领诗 Song Leader 徐利利 Lily Herring
 讲员 Speaker 何牧师 Pastor Ho
 翻译 Interpreter 何志扬 Patrick Ho
 司琴 Pianist 丘纯如 Shirley Lynn
 投影 Slides 陈春艳 Belinda Chen
 音响 AudioSystem 李鸿清 Hongqing Li
 招待 Usher 傅香榕 Xiangrong Fu
 派圣餐 潘汉光 David Pan
 戴怀祖 HT Tai

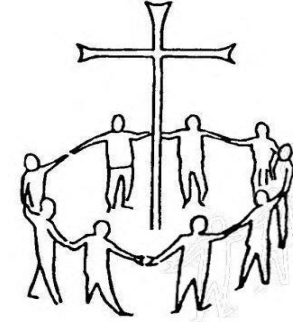
何志扬 Patrick Ho
 张忠清 Zhongqing Zhang
 韩牧师 Pastor Herring
 何牧师 Pastor Ho
 张薇 Dewi Thio
 都若曦 Rachel Du
 James Brancato
 谢桂莲 Guilian Brancato

羅城西區華人基督教會

Rochester Chinese Christian Church West

70 Thompson Road, Rochester, New York 14627

(At Life Stone Wesleyan Church)



建立互相關懷的信心群體

Building a Caring Community of Faith

Psalm 5:1-6 – Pouring Out Our Heart.

Many of the psalms begin with desperate “laments” – cries for help from deep within. This is uncensored prayer, straight from the heart. Even when we have no words to express our anguish, we can lay our requests before God. He expects us to come to him for refuge from our grief, fear, and pain and not to dull those emotions with amusements and distractions that promise, but can never deliver, blessing. We are to have confidence that he is the God who told Moses that he would faithfully commit himself in love to us, in grace, despite our sins and flaws (Exod 6:7).

Prayer: All-knowing Lord, you see what is in my heart. All-powerful Lord, I don't have the power to accomplish what needs to be done, so I spread out my requests before you. All-wise Lord, I know you hear and will act – but I know also I must wait on your wise timing, and so I will. Amen.

Tim Keller, *The Songs of Jesus*.

诗篇5:1-6 倾诉心意

许多诗篇都以绝望的“哀哭”开头，即从内心深处发出的求助哭喊。这是没有遮掩的祷告，直接从内心发出。即使我们没有用言语表达我们的哀痛，我们可以在上帝面前恳求。上帝要我们在悲伤，害怕，痛苦的时候到祂那里避难，而不是用种种娱乐来麻木这些情绪，因为它们应许却不能实现祝福。我们要坚信祂是那位曾经告诉摩西祂会永远以恩慈忠心地爱我们的神，即使我们有罪和瑕疵（出埃及记 6:7）。

*祷告：*全知的神，你看见我内心的一切。全能的神，我没有能力成就作的事，所以我把请求摆在祢面前。智慧的神，我知道你听见，并能成就，但我知道我也必须等待你满有智慧的时间，所以我会的。阿门。

提姆-凯勒《耶稣的赞歌》

主日程序 Sunday Programs

良友團契	Liangyou Fellowship	上午 9:30 -- 10:30 am
主日崇拜	Worship Service	下午 4:00 -- 5:15 pm
兒童/少年崇拜	Children/Youth Worship	下午 4:00 -- 5:30 pm
主日學	Sunday School	下午 5:30 -- 6:30 pm
英語班	English Class	下午 5:30 -- 6:30 pm
晚餐	Dinner	晚上 6:30 pm

團契 Fellowship

週三禱告會	Wednesday Prayer Meeting	晚上 7:30 -- 9:00 pm
週五查經	Friday Bible Study	晚上 7:30 -- 9:00 pm
週五少年團契	Children/Youth Worship	晚上 7:30 -- 9:00 pm

牧師團 Pastoral Staff

韓澤民牧師 Pastor Mitchell R. Herring	電郵	mherring@rochesterccc.org
何漢慶牧師 Pastor Peter Ho	電郵	pho@rochesterccc.org
諸大衛傳道 Minister David Doty	電郵	ddoty@rochesterccc.org